

## CT SCAN PATIENT PREPARATION

## **CT Head with Contrast:**

- Nothing to eat or drink after midnight the day before the exam or nothing to eat or drink at least 4 to 6 hours before the exam
- BUN and Creatinine if patient is 50 years of age or older or if patient has a history of renal complications

## **CT Abdomen, Pelvis or Chest:**

- Nothing to eat or drink after midnight the day before the exam
- BUN and Creatinine if patient is 50 years of age of older or if patient has a history of renal complications

## **Biopsy Procedures:**

- Nothing to eat or drink after midnight the day before the exam
- Patient may take prescribed medications
- Patient MUST have someone with them to drive them home

CT exams that require IV Contrast for patients with a history of allergic reactions or contrast sensitivity may need a steroid prep prescribed. If a steroid prep is given the patient MUST have someone with them to drive them home.